Slave Ship Captain

We spent in our passage from St. Thomas to Barbadoes two months eleven days, from the 25th of August to the 4th of November following: in which time there happened such sickening and mortality among my poor men and Negroes. Of the first we buried 14, and of the last 320, which was a great detriment to our voyage, the Royal African Company losing ten pounds by every slave that died, and the owners of the ship ten pounds ten shillings, being the freight agreed on to be paid by the charter-party for every Negro delivered alive ashore to the African Company's agents at Barbadoes. . . .

The distemper which my men as well as the blacks mostly died of was the white flux, which was so violent and inveterate that no medicine would in the least check it, so that when any our men were seized with it, we esteemed him a dead man, as he generally proved. I cannot imagine what should cause it in them so suddenly, they being free from it till about a week after we left the island of St. Thomas.

The Negroes are so incident to the small-pox that few ships that carry them escape without it, and sometimes it makes vast havoc and destruction among them. But tho' we had 100 at a time sick of it, and that it went thro' the ship, yet we lost not above a dozen by it. All the assistance we gave the diseased was only as much water as they desir'd to drink, and some palm-oil to anoint their sores, and they would generally recover without any other helps but what kind nature gave them.

One thing is very surprising in this distemper among the Blacks, that tho' it immediately infects those of their own colour, yet it will never seize a white man; for I had several white men and boys aboard that had never had that distemper, and were constantly among the Blacks that were sick of it, yet none of them in the least catch'd it, tho' it be the very same malady in its effects, as well as symptoms among the Blacks as among us in England, beginning with the pain in the head, back, shivering, vomiting, fever, etc.

But what the smallpox spar'd, the flux swept off, to our great regret, after all our pains and care to give them their messes in due order and season, keeping their lodgings as clean and sweet as possible, and enduring so much misery and stench so long among a parcel of creatures nastier than swine, and after all our expectations to be defeated by their mortality.

No gold-finders can endure so much noisome slavery as they do who carry Negroes; for those have some respite and satisfaction, but we endure twice the misery; and yet by their mortality our voyages are ruined, and we pine and fret ourselves to death, and take so much pain to so little purpose.

Source: Thomas Phillips, A Collection of Voyages and Travels, 1732.

Slave Ship Doctor

The men negroes, on being brought aboard the ship, are immediately fastened together, two and two, by hand-cuffs on their wrists, and by irons riveted on their legs. They are then sent down between the decks, and placed in an apartment partitioned off for that purpose. The women likewise are placed in a separate apartment between decks, but without being ironed. And an adjoining room, on the same deck, is besides appointed for the boys. Thus are they all placed in different apartments.

But at the same time, they are frequently stowed so close, as to admit of no other posture than lying on their sides. Neither will the height between decks, unless directly under the grating, permit them the indulgence of an erect posture; especially where there are platforms, which is generally the case. These platforms are a kind of shelf, about eight or nine feet in breadth, extending from the side of the ship towards the centre. They are placed nearly midway between the decks, at the distance of two or three feet from each deck. Upon these the negroes are stowed in the same manner as they are on the deck underneath.

In each of the apartments are placed three or four large buckets, of a conical form, being near two feet in diameter at the bottom, and only one foot at the top, and in depth about twenty-eight inches, to which, when necessary, the negroes have recourse. It often happens, that those who are placed at a distance from the buckets, in endeavoring to get to them, tumble over their companions in consequence of their being shackled. These accidents, although unavoidable, are productive of continual quarrels, in which some of them are always bruised. In this distressed situation, unable to proceed, and prevented from getting to the tubs, they desist from the attempt; and, as the necessities of nature are not to be repelled, ease themselves as they lie. This becomes a fresh source of broils and disturbances and tends to render the condition of the poor captive wretches still more uncomfortable. The nuisance arising from these circumstances is not infrequently increased by the tubs being much too small for the purpose intended, and their being usually emptied but once every day. The rule for doing this, however, varies in different ships, according to the attention paid to the health and convenience of the slaves by the captain. . . .

They are commonly fed twice a day, about eight o'clock in the morning and four in the afternoon. On most ships they are only fed with their own food once a day. Their food is served up to them in tubs, about the size of a small water bucket. They are placed around these tubs in companies of ten to each tub, out of which they feed themselves with wooden spoons. These they soon lose, and when they are not allowed others, they feed themselves with their hands. In favourable weather they are fed upon deck, but in bad weather their food is given them below. Numberless quarrels take place among them during their meals; more especially when they are put upon short allowance, which frequently happens, if the passage from the coast of Guinea to the West-India islands, proves of unusual length. In that case the weak are obliged to be content with a very scanty portion. Their allowance of water is about half a pint each at every meal. It is handed round in a bucket, and given to each negroe in a pannekin; a small utensil

with a strait handle, somewhat similar to a sauce-boat. However, when the ships approach the islands with a favourable breeze, they are no longer restricted.

Upon negroes refusing to take sustenance, I have seen coals of fire, glowing hot, put on a shovel, and placed so near their lips, as to scorch and burn them. And this has been accompanied with threats, of forcing them to swallow the coals, if they any longer persisted in refusing to eat. These meals have generally had the desired effect. I have also been credibly informed, that a certain captain in the slave trade, poured melted lead on such of the negroes as obstinately refused their food. . . .

The hardships and inconveniences suffered by the negroes during the passage, are scarcely to be enumerated or conceived. They are far more violently affected by the sea-sickness, than the Europeans. It frequently terminates in death, especially among the women. But the exclusion of the fresh air is among the least tolerable. . . .

During the voyages I made, I was frequently a witness to the fatal effects of this exclusion of the fresh air. I will give one instance, as it serves to convey some idea, though a very faint one, of the sufferings of those unhappy beings whom we wantonly drag from the native country, and doom to perpetual labour and captivity. Some wet and blowing weather having occasioned the portholes to be shut, and the grating to be covered, fluxes and fevers among the negroes ensued. While they were in this situation, I frequently went down among them, till at length their apartments became so extremely hot, as to be only sufferable for a very short time. But the excessive heat was not the only thing that rendered their situation intolerable. The deck, that is, the floor of their rooms, was so covered with the blood and mucus which had proceeded from them in consequence of the flux, that it resembled a slaughter-house. It is not in the power of the human imagination to picture to itself a situation more dreadful or disgusting. . . .

The surgeons employed in the Guinea trade, are generally driven to engage in so disagreeable an employ by the confined state of their finances.

Source: Alexander Falconbridge, An Account of the Slave Trade on the Coast of Africa, 1788.

Autobiography of a Former Slave

Soon after this the blacks who brought me onboard went off, and left me abandoned to despair. I now saw myself deprived of all chance of returning to my native country, or even the least glimpse of hope of gaining the shore, which I now considered as friendly; and I even wished for my former slavery in preference to my present situation, which was filled with horrors of every kind, still heightened by my ignorance of what I was to undergo. I was not long suffered to indulge my grief; I was soon put down under the decks, and there I received such a salutation in my nostrils as I had never experienced in my life: so that, with the loathsomeness of the stench, and crying together, I became so sick and low that I was not able to eat, nor had I the least desire to taste any thing. I now wished for the last friend, death, to relieve me; but soon, to my grief, two of the white men offered me eatables; and, on my refusing to eat, one of them held me fast by the hands, and laid me across I think the windlass, and tied my feet, while the other flogged me severely. I had never experienced any thing of this kind before; and although, not being used to the water, I naturally feared that element the first time I saw it, yet nevertheless, could I have got over the nettings, I would have jumped over the side, but I could not; and, besides, the crew used to watch us very closely who were not chained down to the decks, lest we should leap into the water: and I have seen some of these poor African prisoners most severely cut for attempting to do so, and hourly whipped for not eating. This indeed was often the case with myself. The crew used to watch us very closely who were not chained down to the decks, lest we should leap into the water: and I have seen some of these poor African prisoners most severely cut for attempting to do so, and hourly whipped for not eating. This indeed was often the case with myself . . .

In a little time after, amongst the poor chained men, I found some of my own nation, which in a small degree gave ease to my mind. I inquired of these what was to be done with us; they gave me to understand we were to be carried to these white people's country to work for them. I then was a little revived, and thought, if it were no worse than working, my situation was not so desperate: but still I feared I should be put to death, the white people looked and acted, as I thought, in so savage a manner; for I had never seen among any people such instances of brutal cruelty; and this not only shown towards us blacks, but also to some of the whites themselves. One white man in particular I saw, when we were permitted to be on deck, flogged so unmercifully with a large rope near the foremast, that he died in consequence of it; and they tossed him over the side as they would have done a brute. This made me fear these people the more.

Source: Olaudah Equiano, The Interesting Narrative of the Life of Olaudah Equiano, Or Gustavus Vassa, the African, *1789*.